



For information go to
[www.internationalsos.com/
coronavirus](http://www.internationalsos.com/coronavirus)

DISCLAIMER:

This pocket guide has been developed for educational purposes only. It is not a substitute for professional medical advice. Should you have questions or concerns about any topic described here, please consult your medical professional.

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BUSINESS BEST PRACTICE

Organisations need robust processes and planning in place to protect employees and business resilience.



EDUCATION AND ADVICE

- **Educate employees** on the symptoms and hygiene measures
- **Ensure people have access** to the most up to date information
- Provide access to **health assistance** (preferably 24/7)
- Advise employees who may have had exposure to **seek medical advice**
- Advise employees **not to travel if sick**
- Ensure employees **maintain flexible travel plans**



PLANNING AND RESPONSE

- Stand up crisis management teams and **meet regularly**
- **Review travel management plans**, taking into account potential for quarantine and travel disruption
- Review and test **communication procedures**
- **Review pandemic plans** including how to manage travellers from affected areas
- Review **protective equipment, cleaning protocols**

2019-NOVEL CORONA- VIRUS



What is 2019-nCoV?

A new virus, 2019-Novel coronavirus, is causing outbreaks of **RESPIRATORY INFECTION**.

Some cases are **MILD**, but some are **SEVERE** and can be lethal.



IF YOU DEVELOP SYMPTOMS, SEEK MEDICAL CARE.

Inform your healthcare provider prior to the visit about your travel history and any potential exposure.

SYMPTOMS INCLUDE:



Fever



Cough



Sore throat



Shortness of breath
/ Difficulty breathing



PREVENTION

Maintain good **PERSONAL HYGIENE**

WASH HANDS FREQUENTLY
carry hand sanitiser

Avoid **TOUCHING YOUR FACE**

AVOID DIRECT CONTACT with animals and their environment

Ensure food, including eggs, is **THOROUGHLY COOKED**

Keep away from **PEOPLE WHO ARE SICK**

DO NOT TRAVEL if you think you are ill